

POLICY NAME	DSE TRANSPORT DRIVER HEALTH POLICY
EFFECTIVE DATE	1 AUGUST 2023
POLICY OWNER	MANAGING DIRECTOR

1. Policy Statement

At DSE Transport, we are committed to ensuring the health and safety of our drivers. This policy outlines our priority towards providing a safe working environment, minimising risks, and promoting safe driving practices. Our goal is to prevent accidents and injuries related to driving operations and to ensure compliance with all relevant health and safety regulations.

2. Responsibilities

- 2.1 Management: the management team is committed to its Chain of Responsibility obligations, establishing and maintaining a culture of safety, providing necessary resources, and ensuring all drivers are trained in and adhere to safe driving practices.
- 2.2 Drivers: drivers are responsible for operating vehicles safely, following all traffic laws, and participating in safety training programs.
- 2.3 Compliance Officer: the designated Compliance Officer will monitor, evaluate and enforce compliance with this policy, conducting regular safety audits and providing guidance and training to drivers and management.

3. Safe Driving Practices

- 3.1 Vehicle Maintenance: all vehicles must undergo regular maintenance and inspections to ensure they are in optimal condition. Drivers should promptly report any defects or issues identified during pre-trip inspections.
- 3.2 Seat Belts: drivers must wear seat belts at all times when the vehicle is in motion.
- 3.3 Speed Limits: drivers must adhere to posted speed limits and adjust their speed according to road and weather conditions.
- 3.4 Distraction-Free Driving: the use of mobile phones or other electronic devices while driving is strictly prohibited. Drivers should refrain from any activity that diverts their attention from the road.
- 3.5 Fatigue Management: drivers must adhere to regulated driving hours and take adequate breaks to prevent driver fatigue.

4. Psychosocial Health and Safety

DSE takes its responsibility of ensuring, so far as is reasonably practicable, its drivers are not exposed to risks to their psychological or physical health and safety. The Company does this by having in place policies and processes for receiving and considering information regarding incidents, psychosocial hazards and risks to health and safety and responding in a timely way to that information.



Drivers must take reasonable care for their own psychological and physical health and safety and to not adversely affect the health and safety of other persons. Drivers must comply with reasonable health and safety instructions, as far as they are reasonably able, and cooperate with reasonable health and safety policies or procedures.

5. Emergency Procedures

In the event of an accident, drivers should prioritise the safety of themselves, passengers and other road users. They should follow the company's accident reporting procedures and provide assistance as needed.

6. Training and Education

- 6.1 Induction Training: all new drivers will undergo comprehensive training on safe driving practices, company policies and emergency procedures.
- 6.2 Driver Handbook: every driver is provided with a Driver Handbook, which outlines their responsibilities in the performance of their duties, and the Company's focus on Driver Health.
- 6.3 Refresher Training: periodic training sessions (at least annually) will be conducted to reinforce safe driving practices and introduce new safety measures.

7. Reporting and Communication

- 7.1 Incident Reporting: drivers are required to report any incidents, accidents, near-misses or safety concerns promptly to their manager or to the Compliance Officer.
- 7.2 Driver Check-ins: The Operations team conduct regular driver check-in calls to ensure drivers are keeping safe and well. During these calls, drivers are encouraged to raise any concerns or questions. Drivers are also encouraged to visit their site office whenever possible.

8. Compliance

All drivers are expected to comply with this policy and all applicable health and safety regulations.

9. Regular Review

DSE Transport is committed to the well-being of our drivers. By following this policy, we aim to create a safe and secure work environment for all drivers and maintain the highest standards of health and safety in our operations.

This policy will be reviewed annually to ensure its effectiveness, relevance and compliance with changing regulations.

10. Additional Policy references

please refer to the following policies in conjunction with the Driver Health policy:

- DSE CoR Policy 2022
- DSE Drugs and Alcohol Policy 2023
- DSE Fatigue Management Policy 2023
- DSE Hazard and Incident Investigation 2023
- DSE Site Safety Policy 2021
- DSE Speed Management Policy 2023



